



# ACADEMY OF CHOICE

*Empowering Clients for Success*

## Module One Assignment Checklist

- Join our Facebook community by sending a friend request to Kim Daub Olver in Chicago. She will then send you an invitation for the private Academy of Choice Facebook group.
- Review the PowerPoint “What is the Difference between Coaching, Counseling, and Consulting?” Complete the answers to the questions in the PowerPoint (A – N) and email your answers to [assignments@AcademyofChoice.com](mailto:assignments@AcademyofChoice.com). (Module 1A)
- Complete the index card activity and discuss in our Facebook group. Email [assignments@academyofchoice.com](mailto:assignments@academyofchoice.com) about what you learned from the activity. (Module 1B)
- Create a list of essential coaching skills, including the ones needed to establish and maintain the boundaries of a coaching relationship. Include a list of what those boundaries should be. Start or join an already existing conversation about essential coaching skills in the FB group.
- Review the PDF of Module 1C and send your comprehensive list of 10-20 skills and boundaries to [assignments@academyofchoice.com](mailto:assignments@academyofchoice.com).
- Review the PDF, “Distinguishing between the Role of Coach and the Role of Client” and start or join a Facebook discussion about the differences. What do you agree with? What do you have questions about? (Module 1D)
- Review the handout on the BCC Code of Ethics and discuss each point and your answers about how you would handle each of the scenarios at the end of this handout in our Facebook community. (Module 1E)